



Stepper

Fit in Nature

Art. no.: Z6003-0000-010

Dimensions: 1600 x 550 x 1745mm
Foundation: 1400 x 1000 x 300mm

Our stepper outdoor fitness device – also commonly known as a cross trainer – is a very popular piece of sports equipment and suitable for user groups of all ages. Regular use of this whole-body trainer improves endurance and coordination, contributing to good overall fitness and boosting cardiovascular health. As this workout involves many muscle groups, it burns a lot of calories.