



Squat

Fit in Nature

Art. no.: Z6011-0000-010

Dimensions: 1420 x 480 x 1385mm
Foundation: 1500 x 1000 x 300mm

The squat is a great fitness device for outdoor use. With its modern design in high-grade stainless steel, it is a real eye-catcher.

It strengthens the lower extremities (lower body musculature) and mobilises the glute muscles. At the same time, it also trains your back, trunk and calves.