

Waist-Twister (Z6001-0000-010 / 925003)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015

Fitness device Waist-Twister

Certification:	TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00	
Type:	Back trainer	
Dimensions approx.:	1590 x 350 x 1750 mm, 38 kg	
Material:	Stainless steel V2A (constructive parts), satin finish Completely welded construction Non-slip surface (turntable) Plastic slide bearing, maintenance-free	
Main tube(s):	88.9 x 3 mm	
Covering:	Stainless steel ball Ø 120 mm	
Coloring:	Gentian blue RAL 5010 (ball)	
Scope of delivery:	1x	Main frame (main tube) with four handles
	2x	Turntable with non-slip standing pad, 120° rotatable (from neutral position 60° in both directions)
	2x	Spacer bracket to connect the turntable to the main frame
	2x	Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification number and manufacturer information
	1x	fastening material with appropriate amount of screws, washers, nuts and injection mortar
Simultaneous use:	2 persons	
Recmdt. user age:	14+	
Max. device load:	120 kg per training station	
Brand:	KBM / Art Outside (Tel.: +49 6452 / 9114-0)	
Concrete foandation:	Concrete C20/25, DIN EN 206-1/DIN 1045-2	
Foandation dim.:	1800 x 1000 x 300 mm	
Exercise space approx.:	4590 x 3350 x 3000 mm	
Drop height approx.:	60 mm	

Description:

The Waist Twister is a great piece of fitness equipment for outdoor use. With its modern design in high-grade stainless steel, it is also a real eye-catcher. The Waist Twister mobilises, loosens and stretches the muscles of the spine by rotating the torso. This helps maintain healthy spinal discs, and also improves hip mobility, which can prevent back pain in the lumbar region.