

## Handle Boat (Z6002-0000-010 / 925004)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015

Fitness device Handle Boat

Certification:	TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00
Type:	Back and Arm Trainer
Dimensions approx.:	1355 x 910 x 845 mm, 54 kg
Material:	Stainless steel V2A (constructive parts), satin finish Completely welded construction Non-slip foot pads (anti-slip film) Plastic handles Weather-resistant HPL panels (seat) Plastic slide bearing, maintenance-free Rubber, highly wear-resistant (shock absorber)
Main tube(s):	88.9 x 3 mm
Covering:	Stainless steel ball Ø 50 mm, welded cover, knurled cap
Coloring:	Gentian blue RAL 5010 (seat)
Scope of delivery:	1x Handle Boat (completely assembled), consisting of a base frame, a seat segment on two hardened guide shafts and two handlebars 1x Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification number and manufacturer information 1x fastening material with appropriate amount of screws, washers, nuts and injection mortar
Simultaneous use:	1 person
Recmdt. user age:	14+
Max. device load:	120 kg
Brand:	KBM / Art Outside (Tel.: +49 6452 / 9114-0)
Concrete foandation:	Concrete C20/25, DIN EN 206-1/DIN 1045-2
Foandation dim.:	1500 x 1000 x 300 mm
Exercise space approx.:	4365 x 3910 x 3000 mm
Drop height approx.:	586 mm

### Description:

The Handle Boat is an excellent addition to the other fitness equipment. It is a typical whole-body training machine for improving strength and mobility in the entire body. This Handle Boat works a variety of muscle groups – it particularly strengthens the posterior chain (back). So here is one more way to combat the widespread problem of “back pain”.