

## Health-Walker (Z6007-0000-010 / 925009)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015 Fitness device Health-Walker

Certification: TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00

Type: Leg trainer

Dimensions approx.: 1045 x 700 x 1590 mm, 77 kg

Material: Stainless steel V2A (constructive parts), satin finish

Completely welded construction Non-slip platforms (foot pedals) Plastic slide bearing, maintenance-free

Dulahan hishburran nasistant/abadu abaanh

Rubber, highly wear-resistant (shock absorber)

Main tube(s): 88.9 x 4 mm

Covering: Stainless steel balls Ø 120 mm and knurled cap

Coloring: Gentian blue RAL 5010 (balls)

Scope of delivery: 1x Leg trainer (completely assembled), consisting of a base frame with a

holding bracket and two foot pedals with lateral anti-slip protection

1x Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification

number and manufacturer information

1x fastening material with appropriate amount of screws, washers, nuts and

injection mortar

Simultaneous use: 1 person

Recmdt. user age: 14+

Max. device load: 120 kg

Brand: KBM / Art Outside (Tel.: +49 6452 / 9114-0).

Concrete foandation: Concrete C20/25, DIN EN 206-1/DIN 1045-2

Foandation dim.: 1300 x 1000 x 300 mm

Exercise space approx.: 4045 x 4060 x 3000 mm

Drop height approx.: 295 – 535 mm

## Description:

The Health Walker is a great piece of equipment for building endurance. Movement on the leg trainer mobilises the large muscle groups of the lower half of the body. It also requires the upper half of the body to provide support and, together with the movement in the lower half of the body, helps to stabilise the hips and pelvis. At the same time, it increases and maintains coordination – vital for preventing falls as we get older.