

## Mini Ski (Z6008-0000-010 / 925010)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015 Fitness device Mini Ski

Certification: TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00

Type: Hip trainer

Dimensions approx.: 1010 x 1060 x 1705 mm, 106 kg

Material: Stainless steel V2A (constructive parts), satin finish

Completely welded construction

Non-slip platforms (foot pedals)

Plastic slide bearing, maintenance-free

Rubber, highly wear-resistant (shock absorber)

Main tube(s): 88.9 x 3 mm

Covering: Stainless steel ball Ø 120 mm, stainless steel balls Ø 50 mm and knurled cap

Coloring: Gentian blue RAL 5010 (balls)

Scope of delivery: 1x Hip trainer (completely assembled), consisting of a base frame with four

handlebars and two pedals (two training stations)

2x Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification

number and manufacturer information

1x fastening material with appropriate amount of screws, washers, nuts and

injection mortar

Simultaneous use: 2 persons

Recmdt. user age: 14+

Max. device load: 120 kg per training station

Brand: KBM / Art Outside (Tel.: +49 6452 / 9114-0).

Concrete foandation: Concrete C20/25, DIN EN 206-1/DIN 1045-2

Foandation dim.: 1200 x 1000 x 300 mm

Exercise space approx.: 4727 x 4057 x 3000 mm

Drop height approx.: 325 – 820 mm

## Description:

The Mini Ski is designed primarily to improve hip mobility. With its focus on working multiple muscle groups at the same time, it is similar to skiing. It activates both the lower and upper half of the body, improves mobility, and helps to prevent falls.