

Pull up - Push up (Z6010-0000-010 / 925013)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015

Fitness device Pull up - Push up

Certification: TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00

Type: Upper body trainer

Dimensions approx.: 3500 x 640 x 1915 mm, 45 kg

Material: Stainless steel V2A (constructive parts), satin finish
Completely welded construction

Main tube(s): 88.9 x 3 mm

Covering: Stainless steel ball Ø 120 mm

Coloring: Gentian blue RAL 5010 (ball)

Scope of delivery:

- 1x Pull up - Push up (completely assembled), consisting of a base structure (main tube) with four handlebars (two training stations with different heights)
- 2x Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification number and manufacturer information
- 1x fastening material with appropriate amount of screws, washers, nuts and injection mortar

Simultaneous use: 2 persons

Recmdt. user age: 14+

Max. device load: 120 kg per training station

Brand: KBM / Art Outside (Tel.: +49 6452 / 9114-0).

Concrete foundation: Concrete C20/25, DIN EN 206-1/DIN 1045-2

Foundation dim.: 3 pieces each 1000 x 500 x 300 mm

Exercise space approx.: 6500 x 3640 x 3000 mm

Drop height approx.: -

Description:

The Pull up – Push up trains shoulders, arm flexors (biceps) and arm extensors (triceps) as well as the upper and lateral back and chest muscles. It promotes strength, mobility and vital functions. It is versatile and gives you enough space to be creative, for example using resistance bands.