

Squat (Z6011-0000-010 / 925014)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015

Fitness device Squat

Certification:	TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00	
Type:	Leg and abdominal trainer	
Dimensions approx.:	1420 x 480 x 1585mm	
Material:	Stainless steel V2A (constructive parts), satin finish Completely welded construction Non-slip foot pads (anti-slip film) Weather-resistant HPL panels (seat and backrest) Plastic slide bearing, maintenance-free Rubber, highly wear-resistant (Shock absorber)	
Main tube(s):	88.9 x 4 mm	
Covering:	Stainless steel ball Ø 120 mm, stainless steel balls Ø 50 mm and knurled cap	
Coloring:	Gentian blue RAL 5010 (ball)	
Scope of delivery:	1x	Squat (completely assembled), consisting of a base frame (main tube) with 7 pairs of footrests and a seat segment with two handlebars on two hardened guide shafts
	1x	Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification number and manufacturer information
	1x	fastening material with appropriate amount of screws, washers, nuts and injection mortar
Simultaneous use:	1 person	
Recmdt. user age:	14+	
Max. device load:	120 kg	
Brand:	KBM / Art Outside (Tel.: +49 6452 / 9114-0).	
Concrete foandation:	Concrete C20/25, DIN EN 206-1/DIN 1045-2	
Foandation dim.:	1500 x 1000 x 300 mm	
Exercise space approx.:	4420 x 3480 x 3000 mm	
Drop height approx.:	200 mm (footrest); 563 – 843 mm (seat)	

Description:

The Squat is a great fitness device for outdoor use. With its modern design in high-grade stainless steel, it is a real eye-catcher. It strengthens the lower extremities (lower body musculature) and mobilises the glute muscles. At the same time, it also trains your back, trunk and calves.