

Push Hands Handicap (Z6014-0000-010 / 925026)

Outdoor fitness equipment made of stainless steel | DIN EN 16630:2015

Fitness device Push Hands Handicap

Certification:	TÜV Süd Product Service Certificate No. Z1A 107688 0002 Rev 00	
Type:	Back and shoulder trainer	
Dimensions approx.:	1140 x 1015 x 1645 mm, 40 kg	
Material:	Stainless steel V2A (constructive parts), satin finish Completely welded construction Weather-resistant HPL panels (turntables) Plastic slide bearing, maintenance-free	
Main tube(s):	88.9 x 3 mm	
Covering:	Stainless steel ball Ø 120 mm and stainless steel balls Ø 50 mm	
Coloring:	Gentian blue RAL 5010 (ball and turntables)	
Scope of delivery:	1x	Shoulder trainer (completely assembled), consisting of a basic structure (main tube) and four turntables with ball handles (two training stations with different, wheelchair-suitable heights)
	2x	Device stickers with TÜV and GS marks, short description of the training, QR code to call up the device website with video, unique device identification number and manufacturer information
	1x	fastening material with appropriate amount of screws, washers, nuts and injection mortar
Simultaneous use:	2 persons	
Recmtd. user age:	14+	
Max. device load:	-	
Brand:	KBM / Art Outside (Tel.: +49 6452 / 9114-0).	
Concrete foandation:	Concrete C20/25, DIN EN 206-1/DIN 1045-2	
Foandation dim.:	1000 x 1000 x 300 mm	
Exercise space approx.:	4140 x 4015 x 3000 mm	
Drop height approx.:	-	

Description:

The upper body, especially the shoulders, elbows and wrists are mobilized through the guided hand movements in external and internal rotation. This promotes shoulder mobility and has a preventative effect against postural damage that can be caused by poor posture, for example.

The wheelchair variant is characterized by a lower training station.