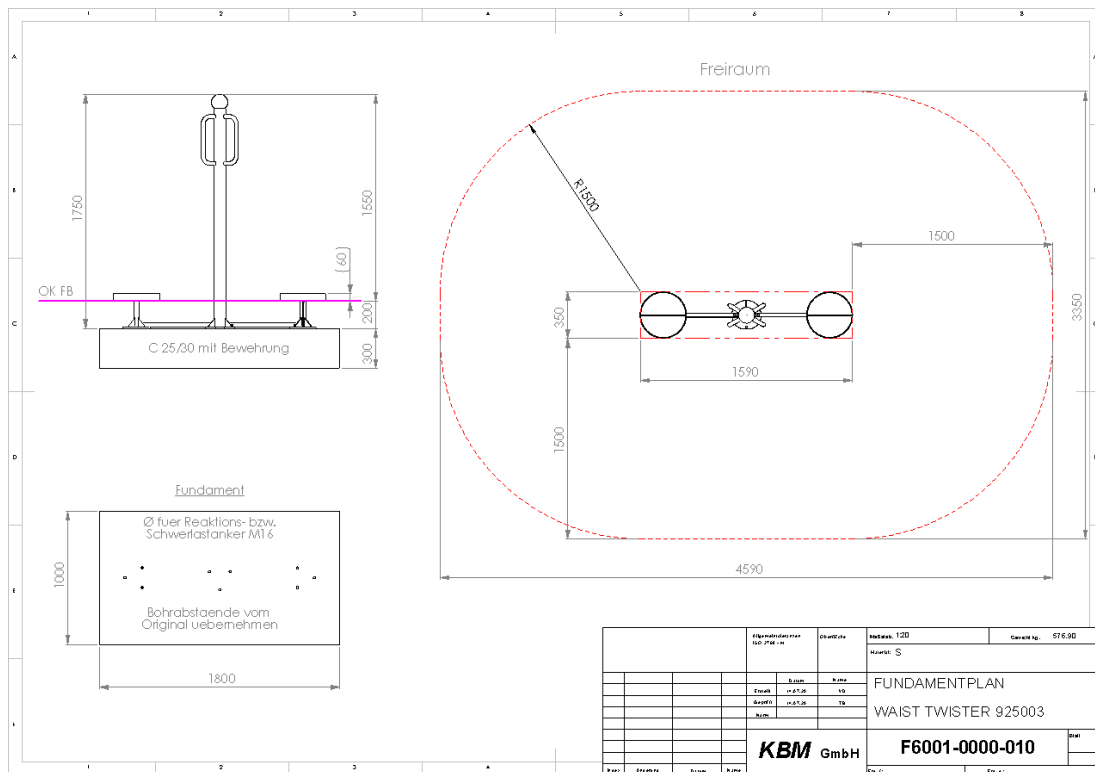


Assembly instructions for outdoor fitness equipment

These assembly instructions are based on DIN EN 16630:2015, which must be observed in any case.

A correctly executed foundation according to the foundation plan with subsequent alignment and fastening of the device is the prerequisite for a safe stand.

Example foundation plan



Create Foundation

- Measure and mark out the installation area. Note the free space.
- Dig the foundation pit.
- Place the concrete formwork and align the upper edge horizontally.
- Insert iron reinforcement above/below.
- Pour in concrete of at least the quality specified in the foundation plan and level off the upper side.
- Allow concrete to dry completely. Drying time 28 days.
- Remove formwork after drying.

Assembly instructions for outdoor fitness equipment



Assemble fitness device

- Unpack the device and check that it is intact. Damaged devices must not be installed.
- Place the device on the foundation and align it.
- Drill the fastening holes $\varnothing 18\text{mm}$ to a depth of 80-120mm according to the length of the threaded rod. The device is used as a drilling template for marking the attachment points.
- Remove drilling dust from the drill holes.
- Fill the hole two-thirds with injection mortar (adhesive).
- Insert threaded rod M16x150mm into the hole so that 30-35mm thread length protrudes over the concrete surface.
- Remove adhesive escaping from the hole. Observe the curing time of approx. 20 minutes according to the screw manufacturer's instructions.
- Place the device on the foundation. The threaded rods need to be insert through the base plate holes.
- Put on the washer and mount and tighten the M16 nut.
- Tighten all anchor bolts.
- Check stability. The footplate must rest securely on the concrete surface when shaking the unit.
- Carefully conduct the first test run after a successful stability test.

Cover Foundation

- Apply filling material to the foundation up to the installation height mark. A marking for the fill level of the fall protection material is attached in the lower area of the main pillars.